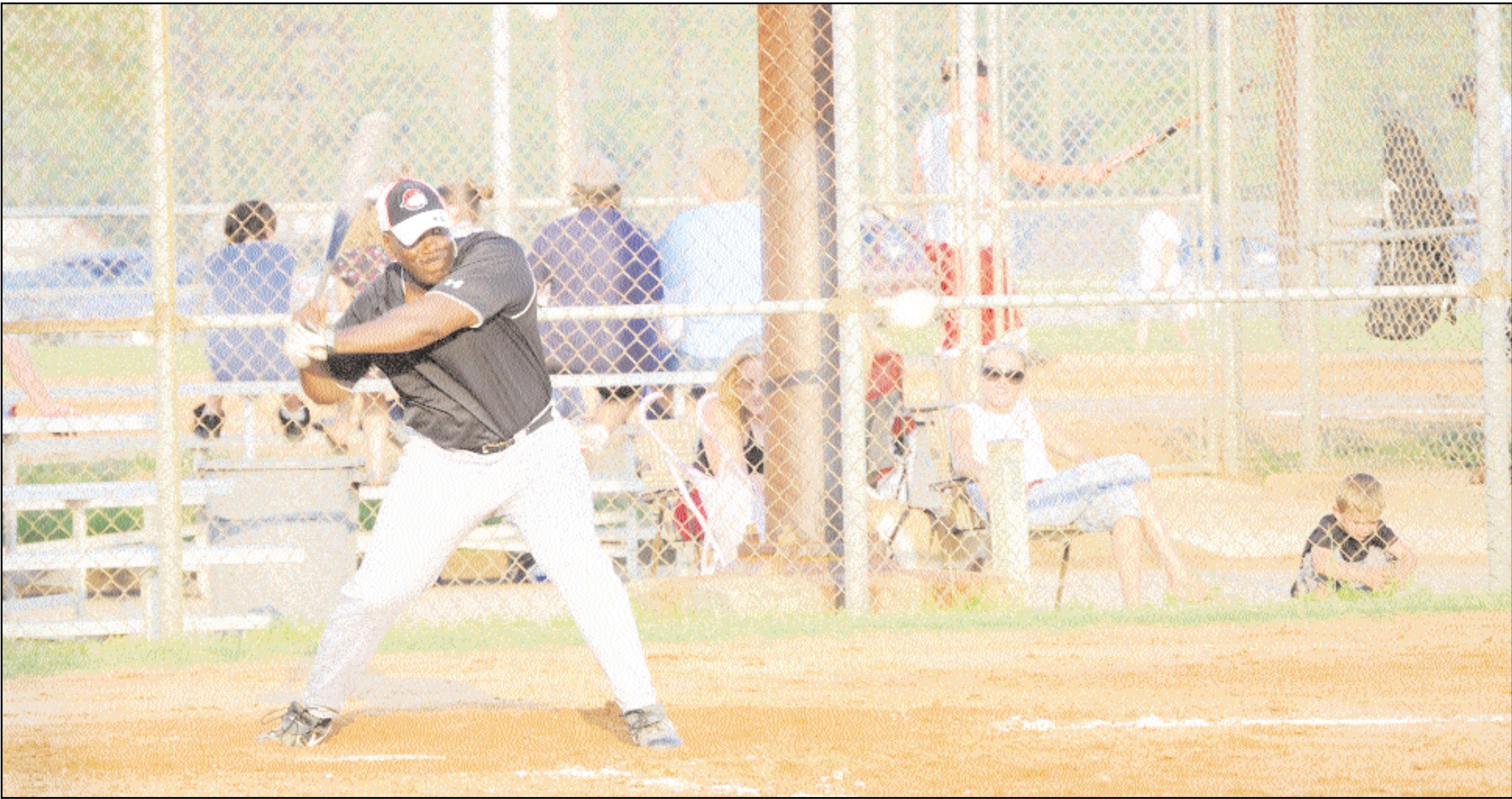


Sports



Pvt. Jared Eastman

Major Dexter Nunnally, HHC 1BCT, hits deep down the center in the third inning, June 16.

1BCT strikes out 15 ASOS, 17-13

Pvt. Jared Eastman
1st BCT Public Affairs

In a race to the finish, Headquarters and Headquarters Company, 1st Brigade Combat Team, 3rd Infantry Division beat the 15th Air Support Operations Squadron 17-13, here Monday.

With 1st BCT up to bat first, Spc. Raymond Brooks hit the ball straight down the center, bringing him to second base. Spc. Cody Kane followed up and brought Brooks home, then ran for home as Capt. Mark Bailey was tagged out at second. The 15th ASOS also started out strong, making four home runs in the first inning, bringing the score to 2-4 at the bot-

tom of the first.

The 15th ASOS devastated the 1st BCT throughout the entire second inning. Capt. William H. Love, First Lt. Matthew Wiener and Major Dexter Nunnally all got tagged out, thanks to the 15th ASOS' amazing defense, with help by their pitcher, Air Force Staff Sgt. Bradley Perkins. When up to bat, they plowed through the 1st BCT's defense, making the score 2-9 at the bottom of the second.

At the top of the third, however, the 1st BCT made their comeback. With each teammate on the batting roster getting either a one-base or two-base run, they got through the entire roster, with Bailey, Capt. Richard Palagonia, and finally Brook getting tagged out. Their defense held strong as well,

catching fly-balls and tagging Perkins, Air Force 1st Sgt. Joe Little and Air Force Airman 1st Class Christopher Fantasia out, making the score 11-9 in the bottom of the third.

In the fourth, Kane, Bailey, and Sgt. 1st Class Donn Eharb all made it home for 1st BCT, making the score 14-9 at the bottom of the 4th.

In the 5th, 1st BCT continued their streak by gaining three more runs, putting the score at 17-9.

In one last struggle to win, the 15th ASOS staged an in-field assault, hitting grounders and one bunt, but to no avail. The precision teamwork by the 1st BCT may have let a few runners through but would not give up their win, leaving the final score at 17-13.



Hunter hosts golf scramble

Kaytrina Curtis

Master Sgt. Rodney Hargus- 546th Military Police Company, recently back from deployment to Afghanistan, hit a birdie on Par 3 during the Hunter Army Airfield Garrison Commander's Golf Scramble, June 13.

Ninety Soldiers, civilians and retirees formed 23 teams for the 18-hole scramble. Hargus' 12 handicap did not stop his team from winning first place with a score of 58 coming in 14 under par.

Big Gobbler Contest kicks off installation hunting season

Randy Berube
Public Affairs Specialist

Hunting and fishing on Fort Stewart and Hunter Army Airfield are becoming increasingly popular recreational activities. The Big Gobbler Contest kicked off the installation's hunting season, May 25.

Participation increased from 29 entrants in 2007 to 42 this year. Prizes were awarded to five contestants who shot the largest turkey.

"I shot mine fairly early in the morning, travelling by bicycle when I heard him gobble," said Sean Bennett, the first place winner who received a check for \$300.

Steve Shuptrine took second place and a \$200 Bass Pro cash gift certificate.

Third place went to Gene McKenzie, who received a check for \$75. Fourth place winner was Leo Barrett, who collected \$50. The fifth largest turkey was brought in by Greg Harvey who netted \$25. It cost \$20 to register per person.

According to Willie Inman, Directorate of Morale, Welfare and Recreation Pass and Permit office manager, deer hunting is the most popular outdoor sport on the installation, followed by hog and turkey.

"It's fun to work here. People are coming in from all over," he said, adding that up north is not prime territory for hunting boar.

Open season for deer and boar runs from Sept. 8 to Jan. 15, 2009 with crossbow. Shotgun and rifle season starts Oct 20. The bag limit is two bucks or ten does. There is no limit on hogs. For small game, squirrel starts in August; quail and rabbit season runs from Nov. 1 to Feb. 29, 2009. The bag limit for small game is 12 per day.

The automated check-in process is available. The primary phone line for Fishing and Hunting is 767-0202. An "Area Status Sheet" will be generated everyday, listing those ponds, landings, and areas that are open to sportsman's use. With training being conducted on Fort Stewart and Hunter Army Airfield, safety is of utmost importance. The status sheet can be faxed to your location or e-mailed to you daily. Please contact the Pass and Permit Office to obtain this service.

The Pass and Permit Office for Fort Stewart is located in building 8093 on Highway 196 E. Call 435-8061 or 435-8033. Hours of operation are 11 a.m. to 6 p.m., Monday-Friday; 7 a.m. to 3 p.m. - Saturday, Sunday and holidays.



Kelly Minton

Willie J. Inman, DMWR Outdoor Recreation facility manager, presents Sean Bennett a \$300 check for winning first place at the Big Gobbler Contest. Bennett is a forester in Statesboro, Ga.

Chris Shehan signs with Atlanta Braves

Junior outfielder went in 30th round in last week's draft, selected to First Team

Special to the Frontline

STATESBORO - Georgia Southern University's Chris Shehan (Strasburg, PA/Lampeter-Strasburg) agreed to terms on a contract with the Atlanta Braves. Shehan will report to the Rookie Class A Danville (Va.) Braves in the Appalachian League. On June 11, Shehan was named Pro-Line Athletic First Team All-America by the National Collegiate Baseball Writers Association.

Shehan is the first Eagle since Scott Hensley in 2001 to earn All-America status and he was the only Southern Conference representative on the First Team. Shehan, a 30th round pick by the Braves last week, joined senior Jeremy Beckham (17th round, Tampa Bay) and junior Blake Nation (22nd round, Seattle) in getting drafted.

In just three years, Shehan ended his career with the third-best career batting average in program history, a .376 clip (254-676). He tied for ninth in career hits and ranked

seventh scoring 182 runs. Shehan narrowly missed the career 'Top 10' listings in: doubles (48), home runs (34), total bases (414), walks (93), RBI (160) and stolen bases (40-46).

"They (Atlanta) made an attractive offer and it was hard to turn down. This is a great opportunity to start my professional career with a great organization," said Shehan, who saw his older brother also play in the Braves organization.

Shehan paced the 2008 offense with record numbers. The SoCon's 'Player of the Year' (sports media association) batted .438 - the fourth highest single-season average. He became the fifth Eagle to be named SoCon 'Player of the Year'.

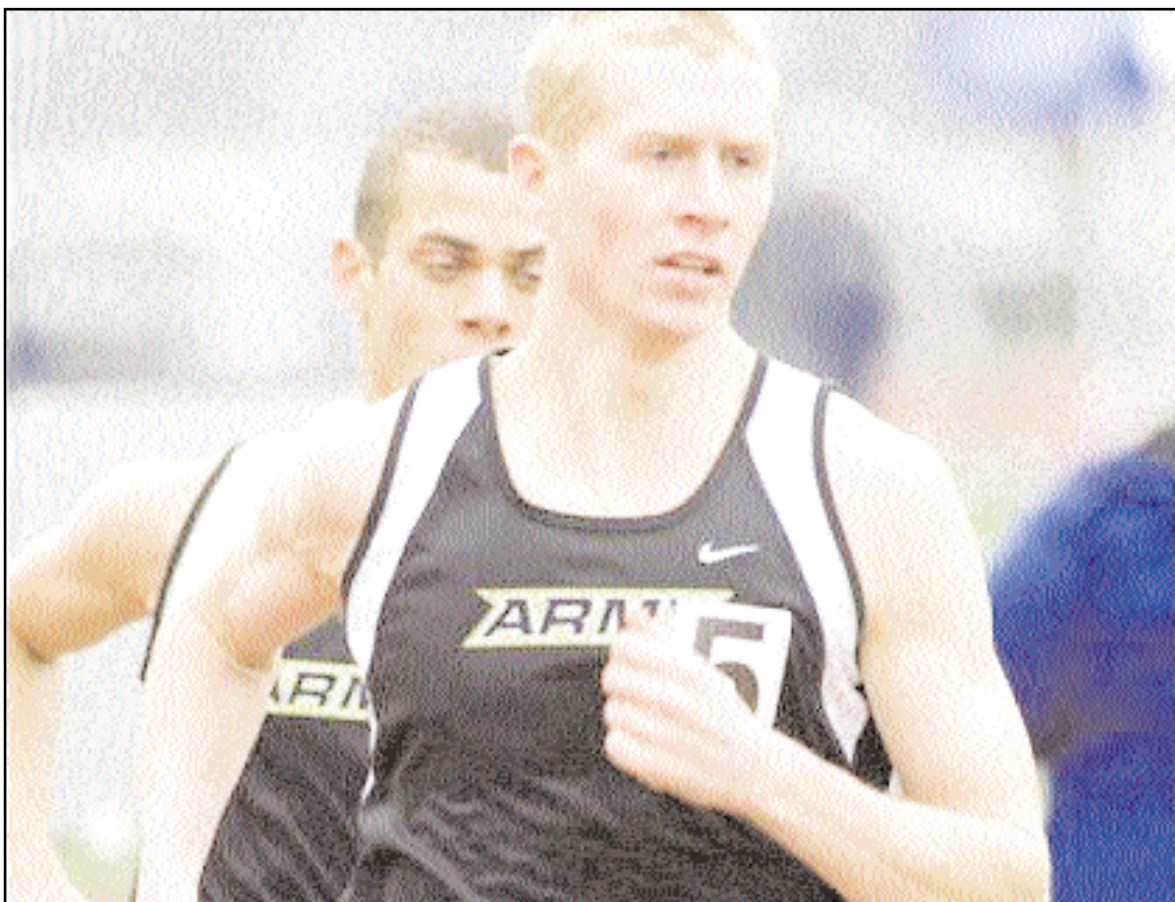
Starting in all 58 games, Shehan tallied 84 runs scored (GS season record), 77 RBI (tied 9th), 17 doubles, three triples, 22 home runs (tied 8th), .557 on-base percentage, 53 walks (tied 8th), 22-of-24 stolen bases, 187 total bases (tied 6th) and six outfield assists. A Third Team Academic All-District

pick, Shehan recorded a team-leading 33 multi-hit games and 23 multi-RBI games. He ended the year on career-high 15-game hitting streak and earned a spot on the SoCon All-Tournament Team.

During his freshman year he tied a single-game record with six hits (vs. Coppin State). Shehan also tied game records in walks (4 vs. Jacksonville in 2008) and doubles (3 vs. New Jersey Tech in 2007). He accounted for two of the team's NCAA single-game record 14 home runs hit in a 26-8 win earlier this year against Columbia.

Shehan, who plans on finishing his degree in Accounting, said there were many memorable moments as an Eagle.

"I was able to play with a great group of guys. I'll miss my teammates. I became great friends with them and the relationships I built at Georgia Southern are unforgettable. We had a lot of great memories over those three years. Some great wins, setting a NCAA record and school records. I will definitely miss Georgia Southern," Shehan said.



Courtesy photo

John Mickowski runs Army for the last time, June 12.

Mickowski closes career at National Championships

Special to the Frontline

DES MOINES, Iowa - John Mickowski closed his prestigious Army career June 12 at the NCAA National Track and Field Championships, hosted by Drake University.

Mickowski placed 12th in his heat of the 1,500-meter semi-finals with a time of 4:03.68, missing the qualifying cut for the finals.

With 500 meters to go and everyone running in a tight pack, two athletes fell to the track in front of Mickowski, forcing him to leap over the runners while being pushed out to lane four.

"It was just another fluke thing," said head coach Jerry Quiller. "Everyone was right there getting lined up for the final lap and those two guys went down right in front of John. Having to leap over those guys just took all the momentum out of him and he ended up shutting it

down the last lap."

"I'm just happy that I got the opportunity to compete at this level and represent my team and the Academy," said Mickowski. "I'm really thankful for coach Quiller and I'm glad I could get him to one final National Championship."

Thursday's race marked the end of an outstanding career for Quiller as well, as he will retire from Army this summer after 13 years at the helm of the program.

Mickowski closes his career at Army having competed in the National Championships in both cross country and outdoor track and field this season. He leaves the Academy with the third-fastest 1,500-meter time in school history (3:43.98) and also ranks among the top-ten in the 800m and mile.

Leo Manzano, the defending national champion from Texas, went on to win the heat in 3:41.70.

2008 Intramural Softball Standings

Co-ed Softball

	Won	Lost	PCT
293 MP	3	1	75 percent
3rd STB	3	1	75 percent
MISFITS	2	2	50 percent
385 MP	0	4	0 percent

Marne Conference

	Won	Lost	PCT
Co. A, 1/41FA	5	0	100 percent
Co. A, 3rd BSB	4	1	80 percent
HQ, 5/7CAV	3	2	60 percent
HHC, 3/69AR (A)	3	2	60 percent
HHC 2/7 Inf.	1	1	50 percent
Co. A, 5/7 CAV	2	3	40 percent
Co. A, 3/69 AR	2	3	40 percent
HHC, 3/69AR (B)	0	3	0 percent
Co. C, 3/69AR	0	5	0 percent

Rocky Conference

	Won	Lost	PCT
MEDDAC	9	1	90 percent
FIREDAW	8	1	89 percent
526th Eng	7	2	78 percent
293 MP	5	4	55 percent
139th MP	4	5	44 percent
3rd STB	3	5	37 percent
HHC 1-3 BCT	3	5	37 percent
15 ASOS	3	5	37 percent
DES	1	7	12 percent
385th MP	1	8	11 percent

Hunter Softball Conference

	Won	Lost	PCT
514th Eng.	18	0	100 percent
Rigger Platoon	10	2	83 percent
224th MI BN	10	6	62 percent
USMC	6	5	55 percent
D Co., 3/3 Avn	5	7	42 percent
110th QM	4	11	36 percent
E Co., 3/3 Avn	2	8	20 percent
10th Trans	1	14	7 percent

Fort Stewart CO-ED

Date	Time	Field #	Teams
June 24	6:30 p.m.	1	385th MP vs. 3rd STB
	7:30 p.m.	1	293rd MP vs. Misfits
July 8	6:30 p.m.	1	293 MP vs. 385th MP
	7:30 p.m.	1	Misfits vs. 3rd STB
July 10	6:30 p.m.	1	3rd STB vs. 293rd MP
	7:30 p.m.	1	Misfits vs. 3rd STB
July 15	6:30 p.m.	1	3rd STB vs. 385th MP
	7:30 p.m.	1	293rd MP vs. Misfits

Jake's Body Shop

Get with the Program in four steps

Jake Battle
DMWR Fitness Coordinator

Why do 50 percent of the people who start exercise programs drop out before realizing the health benefits they were looking for? Here are four keys to seeing the results you want and avoiding the exercise blues for lasting results.



Have fun

Choose an activity that itself is satisfying, not just for the benefits it promises. You'll be more likely to stick with it after the newness has worn off. Emphasize the 'want' rather than 'should' in your choices of activity. Satisfaction comes from achieving a level of competence, or from simply performing the activity.

Find a friend

It's ok to grit your teeth and be deter-

mined to do it on your own, but the support network is important, whether it's at home, in the exercise class or in the work environment. To keep your progress consistent, be accountable to a friend. Your friend will encourage you to continue when you don't feel like it.

Write it down

Knowing exactly how much exercise you are getting as well as how often makes it harder to slack off. Without a record, it is easy to overestimate your activity level and to let other things interfere.

Make it important

People who make the exercise a priority rather than an "add-on" are likely to integrate it into their lives and keep it there. Having a regular workout time also helps.

A flexible workout schedule often backfires. Once a person has missed one session, it is easier to miss others.

Sign up for CYS activities- football, cheerleading

Special to the Frontline

Register for Child and Youth Services youth activities. Youth football and cheerleading begins July 7 and will end Aug. 18, or when slots are full.

Football is open to CYS members age 7-12 (age as of Aug. 1.) Members age 13 will be placed on a waiting list in the event there are enough players to form an 11-13 league. Cheerleading is open to CYS members age 6-13 (age as of Dec. 31). Sports fees are

waived for CYS members of parents currently deployed. Register at Fort Stewart CYS, building 443, Gulick Ave (next to Corkan Pool). CYS hours of operation are 8 a.m. to 5 p.m. Monday, Tuesday, Thursday, Friday; and Wednesday 9 a.m. to 6 p.m.

For more information, call CYS at 767-2312 or youth sports at 767-4371. Sports programs are open to all Child and Youth Service members, both boys and girls for children meeting the age requirements. Categories vary throughout the year.